

# Coping with Minor Illnesses Newsletter

## November 2016

### Minor Illness Event



You are invited to attend an event at Fairland's Medical Centre to learn and discuss the various ways of coping with the minor illnesses we all have to deal with from time to time, whether it is yourself, a child or somebody you care for.

#### There are choices

The Fairland's Patient Participation Group has invited four speakers to come and talk about the options.

Dr Mckendry will talk about when you need to see a doctor.

Natasha Wasum is the Nurse Practitioner at Fairland's who can help with many minor problems.

The Woking Walk-in Centre is open on a daily basis including evenings and weekends, Sarah McMullen the manager of this centre will give a talk on the services they can provide.

Often the quickest and easiest solution is to talk to a pharmacist whose expert opinion is all that is needed; Dhiran Karia (Rowland's Pharmacist) will give a talk on the services a pharmacist can provide.

**Normandy and Fairland's patients are welcome to attend this event at Fairland's Medical Centre on:**

**Wednesday 16<sup>th</sup> November 6pm-7.30pm**

### The Fairland's Practice Patient Participation Group



The Patient Participation group will be re-launched at the Minor Illness event with the election of officers and committee. If you would like to stand for any position, please speak to or see Sarah Boltwood (Fairland's administrator) by Friday 11<sup>th</sup> November 2016.

**Light Refreshments will be available afterwards**