

# Do You Care?

If you are a child or adult and look after a relative, friend or neighbour who could not manage without your help because of long term sickness, age or disability— and the care you provide is unpaid

## YOU ARE A CARER

If you are a Carer have you registered as a Carer with your GP?

**To register as a Carer please fill in a yellow Carer Registration Form and hand it in to reception**



# Who Cares?

**Carers Support Schemes within Surrey can provide FREE independent information, advice and support for Carers. Please ask reception for information on your local Carers Support Scheme**

**This surgery also holds a Carers Resource File with helpful information on services & support for carers**



# Young Carers

**There are thousands of young people in Surrey looking after someone with an illness, disability or addiction.**

**The Surrey Young Carers Team has been supporting young Carers since 1996 and can offer free information, advice and support**

**For more information on Surrey Young Carers call 01483 302748  
visit [www.actionforcarers.org.uk](http://www.actionforcarers.org.uk)**

 **Action For Carers Surrey**

 **@CarersSurrey**

